# Abstract

# Background

* TOR
* why muscle and aging
* Flies
* GAL4/UAS

# Methods

## Materials

Fly stocks were ordered from the Bloomington stock center or were described previously (see Supplementary Table 1). Food was made prepared according to XXX **.** Rapamycin (Cayman Chemicals) was added where indicated when food was ~50° C**.**

## Tissue Culture and Myotube Formation

C2C12 cells were grown in 10% FBS DMEM media. Once cells had reached optimal confluence (90-95%), differentiation media (2% Horse Serum DMEM media,) was added (cite-you said you had this reference). To determine when specific markers for differentiation were being expressed, cell lysates were performed on days 0, 0.25, 1, 2, 4, 6, 10 and 15 of differentiation.

## To observe the effects of rapamycin on differentiation, cells were treated every other day for 9 days with either vehicle alone (DMSO), or [500nM] rapamycin dissolved in DMSO. Cell lysates were prepared on day 9 of treatment.

Cell lysates were generated by washing with ice-cold PBS followed by the addition of 1 ml of QIAzol (QIAGEN Sciences) and scraping into a 1.5ml microfuge tube. Cell lysates were stored at -80°C until real time quantitative PCR analysis.

## Real Time Quantitative PCR

RNA was extracted with the PureLink RNA mini kit (Life Technologies). One microgram of RNA was synthesized into cDNA using the High Capacity Reverse Transcription Kit (Life Technologies). cDNA was added to *Power* SYBR Green PCR Master Mix in accordance with the manufacturer’s guidelines (Life Technologies) and subjected to quantitative real-time PCR as described (Lu et al., 2014). Primers are listed in Supplementary Table 1. mRNA expression levels of all genes were normalized to *Gapdh*.

## Fly Breeding

To prepare the crosses, virgin females were picked out from each of the GAL4 driver strains. Ten virgin females were used per cross. Males with the appropriate genotype were chosen from each of the shRNA strains, and four males were used per cross. Flies were maintained in an incubator at 25° C. When cooler temperatures were required, flies were maintained at 18° C. The parents were flipped into a new vial every five days. The progeny began to eclose after ten days, at which point the progeny was sorted according to phenotype and gender. During each sorting, the number of flies of each phenotype was recorded. The sorted flies were put into new vials, with males and females separated and with 5-10 flies in each vial. The progeny was stored in an incubator at 25° C. This process was continued until at least 100 flies of each genotype had been collected. At least three replicates of each cross was performed.

## Examining Pupal Cases

Twenty days after the *C179-GAL4/Raptor* and *Mef-GAL4/Raptor* crosses were made, the progeny flies were emptied from the vials. The empty pupal cases were counted and the cases containing dead flies were counted. A pupal case with a dead fly in it was markedly darker in color than the empty cases, and contained a black, shrunken fly.

## Crawling Assay

To perform the crawling assay, the flies were tapped to the bottom of the vial at the same time a stopwatch was started. The stopwatch was stopped each time a fly in the vial crawled 4 cm. up the side of the vial. A separate time was recorded for each fly in the vial. This was performed soon after eclosure and repeated every ~30 days for a total of 3 trials.

## Statistics

Statistical analyses were performed using the R statistical package, version 3.1.0 [1]. Prior to performing ANOVA analyses, normality was assessed by Shapiro-Wilk test and equal variance was tested using a Levene’s test (from the car package, version 2.0-20 [2]). If both these assumptions were met (p>0.05) an ANOVA was performed. If either of these assumptions failed, a Kruskal-Wallis test was performed. If either of those omnibus tests reached significance, then Student’s T-Tests or Wicoxon Rank Sum Tests were performed as indicated, followed by an adjustment for multiple comparisons using the method of Benjamini and Hochberg [3]. Statistical significance for the manuscript was set at a p or q-value of less than 0.05.

# Results and Discussion

## Rapamycin Inhibits Differentiation of Muscle Cells in Culture

We first performed a time course experiment to determine at which point a variety of differentiation transcripts increased over a 15-day period in C2C12 cells. We generated cell lysates at various time points of the differentiation process (0hr, 8hr, 24hr, 48hr, day 4, day 6, day 10, day 15) and performed RT-qPCR to measure trascripts of the known differentiation markers including *Myf5*, *Myog*, *Mef2c*, *Cdkn1a*, and *Myod1* . mRNA transcripts for *Myf5*, *Myog*, *Cdkn1a*, and *Myod1* are increased early in the process and continue to increase throughout with large increases in *Mef2c* not occurring until around day 5 or 6 (Figure 1A). This is similar to previous observations (ref).

Next we wanted to observe the effect of rapamycin (a drug known to inhibit TORC1 signaling) on differentiation (Figure 1B and C). Treatment with rapamycin resulted in significant reductions in mRNA transcript levels for all differentiation markers measured (p<0.05), with the exception of *Myod1* (p=???)(Figure 1B) and prevented the formation of myotubes (Figure 1C). Therefore, TORC1 signaling is not modifying *Myod1* transcripts to elicit its effects. It is also likely that TORC1 is not acting directly on *Mef2c* transcripts to stimulate differentiation. *Mef2c* does not increase until later in the differentiation process and morphological changes are occurring prior to day 5 in DMSO treated cells with no morphological differences seen on day 5 compared to day 0 in rapamycin treated cells. These data show that the TORC1 pathway is required to be active for differentiation to occur in C2C12 cells. Additionally, these data indicate expression levels of *Myog*, *Myf5*, and/or *Cdkn1a* are positively influenced by this pathway to bring about differentiation.

## Muscle Specific Knockdown of *Raptor* Leads to Lethality in Drosophila

In order to study the role of TORC1 signaling on muscle development *in vivo*, we manipulated dTORC1 function in fruit flies. First, we tested whether inhibition of the dTORC1 pathway affected the development of these flies. As previously reported, high doses of rapamycin prevent egg laying by the maternal fly [4]. We performed dose curves and found that at much lower doses (EC50 of ~860 nM) there was an absence of pupae and flies (Supplmentary Figure 1). There was no obvious distinction between inhibition of pupal lethality and prevention of fly eclosure. These data suggest that rapamycin inhibits fly development, similar to what has been observed in mice [5]. It also supports studies showing that whole animal knockout of *Raptor* leads to developmental lethality in several model organisms [6–9].

To look specifically at the role of dTORC1 in muscle, we knocked out either *Tsc1* or *Raptor* to generate constitutive gain and loss of function alleles in fly muscles using the *GAL4*-UAS system [10]. We used several *GAL4* drivers that cause expression of the UAS driven shRNA cassettes in both skeletal muscle and cardiac muscle. Skeletal muscle was targeted through the use of *24B-GAL4, C179-GAL4,* *Mef-GAL4* and *Mhc-GAL4* drivers, while cardiac muscle was targeted using the *Hand-GAL4* driver. To minimize potential off target effects, three different shRNAs for each of the two genes (*Raptor* and *Tsc1*) were used.

First, we crossed heterozygous, balanced *24B*-*GAL4* flies with heterozygous, balanced UAS-shRNA transgenic flies. The flies expressing both balancer chromosomes had decreased viability, and this genotype was excluded from the analysis. The flies eclosed from crosses using the *Hand-GAL4* driver occurred in roughly equal ratios (Figure 2A), indicating there is no obvious effect of manipulating dTORC1 with the cardiac *GAL4* driver. Similarly, *24B-GAL4* driven expression of *Tsc1* shRNA had no significant effect on birth rates. However, when the driver was used to express *Raptor* shRNA, the progeny exhibited a dramatic decrease in the number of eclosed flies (Figure 2B). This indicates that *24B-GAL4* driven expression of *Raptor* shRNA is lethal at some point prior to eclosure. Similarly, by using another muscle specific driver, *C179-GAL4* crossed to heterozygous UAS-shRNA/Tm6B flies we also observed reduced muscle-specific *Raptor* knockdown flies, although in this case some knockdown flies were able to eclose (Figure 2C). We examined this per gender, and with the exception of shRNA #2, in this case, males and female *Raptor* knockdown flies were approximately equally reduced (Figure 2D).

We attempted to rescue the lethality phenotype of *Raptor* suppression in skeletal muscle by repeating the *24B-GAL4* x *Raptor* shRNA crosses in a colder environment. Colder temperatures are which decreases GAL4 driver expression [10]. This was unable to rescue the lethality of the *24B*-*GAL4/Raptor* shRNA flies, and the birth rates of the two control genotypes were congruent with those produced at 25° C (Supplementary Figure 2).

To test for the stage under which these flies fail to eclose next used *C179-GAL4* and *Mef-GAL4* drivers and repeated did simiar studies. In these experiments, we crossed flies which were homozygous for the *GAL4* with flies that were homozygous for the UAS-*Raptor* shRNA transgene. As a control, we used a fly line that was identical to the TRiP fly lines, but did not have a shRNA inserted (see Table 2). The *Mef-GAL4* driver resulted in complete lethality of *Raptor* knockdown flies (see Figure 3A). There was partial lethality in the three the *C179-GAL4* mediated *Raptor* knockdown flies (p-value < 0.005 for those shRNA strains, with a 73-92% decrease in the number of flies depending on the strain, see Figure 3B). These results indicate that the *C179-GAL4* driver is less efficient at mediating *Raptor*-specific lethality than the *Mef-GAL4* and the *24B-GAL4* drivers.

This was not observed in mice where muscle-specific *Raptor* knockout mice are viable [11, 12].

## Muscle *Raptor* Knockdown Flies Fail to Eclose from Pupae

To determine at which point prior to eclosure the *Raptor* knockdown flies dying, we examined the pupal cases on the sides of the vials from the *Cl79-GAL4 > Raptor* shRNAcrosses and the *Mef-GAL4 > Raptor* shRNAcrosses. Twenty days after the crosses were prepared the empty pupal cases were counted and the cases containing dead flies were counted. We observed no significant differences in the total number of pupal cases from either of these crosses (Figure 3C-D, p=0.416 and p=0.066 from ANOVA respectively). In fact, we observed a slightly increased number of pupae from the *Mef-GAL4* > *Raptor* shRNA crosses. These data support the hypothesis that lethality occurs after pupal development.

We next visually examined the pupal cases for the presence of alive or dead flies (Figure 3E). After blind scoring, we noted that for the *Mef-GAL4* driven *Raptor* knockdown nearly 100% of the pupal cases contained dead flies (15 fold more dead pupae than controls; Figure 3F). There was also a significant number of dead flies in pupal cases from the *Cl79-GAL4/Raptor* crosses (Figure 3G). For *C179-*GAL4 driven *Raptor* knockdown flies there was 3 to 11 times more dead pupae depending on the shRNA strain. These results indicate that *Raptor* knockdown in skeletal muscle produced lethality after pupal development, but prior to eclosure.

## Effects of Muscle-Specific *Raptor* Knockdown on Longevity

We next turned our attention to the few flies that survived in the case of the *C179-GAL4* cross. The lifespan of these *Raptor* knockdown flies was measured to determine the effects of dTORC1suppression on longevity. When *Raptor* was knocked down in skeletal using the *Cl79-GAL4* driver, even after the decrease in viability, a large proportion of the flies died shortly after eclosure. Interestingly, among the flies that survived, they generally had normal lifespan (see Figure 4). This suggests that there is a critical period of about 20 days after eclosure during which the *Raptor* knockdown flies are still prone to early death. The flies that lived past this critical period lived to reach approximately the same age as the controls. This was especially dramatic for male flies for each of these crosses (Figure 4A, C and E compared to Figure 4B, D and F).

## Effects of Muscle Specific *Raptor* Knockdown on Muscle Function

To study the effects of TORC1 suppression on muscle function, a crawling assay was performed on the *Raptor* knockdown flies driven by the *C179-GAL4* driver at several ages. The progeny flies from the crosses were each timed for how long it took them to climb 4 cm. up the side of the vial. The average times for each cross are shown in Figure 5. The results indicate that dTORC1 suppression leads to reduced muscle function in the flies that eclose even very early, consistent a developmental problem in myogenesis. Interestingly, these problems persist throughout the lifespan of the fly, even in those that reach adulthood. Also interesting, is that there was a correspondence between the efficiency of the shRNA strain to cause lethality and its effects on muscle function, indicating a potential gene-dosage effect on both of these phenotypes.

## Summary

In this work, we have described a role for TORC1 in the regulation of myogenesis *in vitro* and shown in fruit flies, that inhibition of the dTORC1 complex results in lethality and weakened muscle function. Together these data support a *in vivo*, evolutionarily conserved role for the TORC1 complex in the early stages of muscle development.

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# Figure Legends

**Figure 1. Rapamycin blocks C2C12 differentiation.** A) The order of appearance of myotube differentiation markers over the course of 15 days in differentiation media only B) Differences in differentation marker transcripts when treated with DMSO (vehicle) or [500nM] rapamycin for 9 days. Transcripts from both A) and B) were measured by RT-qPCR and normalized to *Gapdh*. C) Images of morphological changes in C2C12 myoblasts in response to 9 days of DMSO or rapamycin treatment [500nM].

**Figure 2. Skeletal muscle specific Raptor knockdown causes lethality.** A) Proportion of progeny born from a Hand-GAL4/Tm3,sb x shRNA/TM6B. The progeny that are TB6B/Tm3, are excluded so the expected ratios (as indicated by the dotted line) are 0.33. Knockdown flies are shown in red throughout. B) Proportion of progeny born from a 24B-GAL4/Tm3,sb x shRNA/TM6B cross. C) Proportion of progeny born from a C179/C179 x shRNA/TM6B cross. In this case half the progeny should be knockdown, so the expected ratio is 0.5. D) Proportion of flies born from crosses in C, separated by Gender. Error bars indicate sampling standard error, with >195 flies examined for each cross.

**Figure 3. Muscle-specific Raptor knockdown flies die post-pupal formation but pre-eclosure.** The graph depicts the birthrates of the progeny from crosses of homozygous *GAL4* drivers with homozygous *Raptor* shRNA transgenic flies or a control TRiP line. Panels A, C and F indicate *Mef2-GAL4* driven knockdowns while B, D and G indicate *C179-GAL4* mediated knockdowns. A and B) show the total number of flies eclosed; C and D) indicate the total number of pupae after 20 days, and F and G) show the percentage of dead pupae. Panel E shows a representative example of dead flies, still within their pupal cases. Asterisks indicate p<0.05 by ANOVA followed by Dunnett’s test (B, C and D) or Kruskal-Wallis tests then Wilcoxon-rank-sum tests followed by an adjustment for multiple comparisons (A, F and G). Each of these analyses describe the average 5-9 independent crosses, with error bars indicating standard error of the mean between replicate crosses.

**Figure 4. Lifespan of *C179-GAL4* Driven Raptor Knockout Flies.** Dashed lines indicate two control strains. Each panel shows a control of C179-GAL4 crossed to the control shRNA strain, as well as the balancer containing progeny of the C179-GAL4 homozygotes crossed to the heterozygous UAS-*Raptor* shRNA/Tm6B strains.

**Figure 5: Muscle-specific Raptor knockdown flies have reduced climbing rate.** Average climbing rate as measured during three age range intervals (in days) for *C179-GAL4* driven *Raptor* knockdown flies. Asterisk indicates p<0.05 based on a Wilcoxon Rank-Sum test relative to the control flies, and adjusted for multiple observations. Note that the different abscissa indicates age-related slowing of climbing speed.

# Supplementary Tables and Figures

**Supplementary Table 1:** Forward and reverse primers used in qPCR experiments

**Supplementary Figure 1: Dose response of rapamycin on fly eclosure and larvae development.** Flies were mated in the presence of varying doses of rapamycin. After 7 days, the parental flies were removed. After 21 days, the number of progeny and larval cases were counted.

**Supplementary Figure 2:** **Effects of lowered temperatures on eclosure of *24B-GAL4* driven *Raptor* knockdowns.** The graph depicts the relative birth rates of the progeny produced when the *24B-GAL4/Raptor* shRNA crosses were repeated at 18° C. The double balancer genotype is excluded from the graph. The dashed line represents the expected birth rates of the three genotypes. The colder environment was unable to rescue the lethality effect of Raptor knockdown in skeletal muscle.